

SCHEDULE OF EVENTS

RUGBY JR. HIGH TRACK MEETS

FIELD EVENTS START AT 3:30 - TRACK EVENTS START AT 4:00

(Order of running events is 7th Girls, 8th Girls, 7th Boys, 8th Boys)

200 METER HURDLES	GIRLS - BOYS
100 METER DASH	GIRLS - BOYS
4 x 200 METER RELAY	GIRLS - BOYS
1600 METER RUN	GIRLS - BOYS
4 x 100 METER RELAY	GIRLS - BOYS
400 METER DASH	GIRLS - BOYS
100 METER HURDLES	GIRLS
110 METER HURDLES	BOYS
800 METER RUN	GIRLS - BOYS
200 METER DASH	GIRLS - BOYS
4 x 400 METER RELAY	GIRLS - BOYS

SCHEDULE OF FIELD EVENTS

	1 ST	2 ND	3 RD	4 TH
SHOT PUT	8 TH BOYS	7 TH BOYS	8 TH GIRLS	7 TH GIRLS
DISCUS	7 TH GIRLS	8 TH GIRLS	7 TH BOYS	8 TH BOYS
LONG JUMP	8 TH GIRLS	7 TH GIRLS	8 TH BOYS	7 TH BOYS
HIGH JUMP	7 TH BOYS	8 TH BOYS	7 TH GIRLS	8 TH GIRLS
TRIPLE JUMP	8 TH BOYS	7 TH BOYS	8 TH GIRLS	7 TH GIRLS
POLE VAULT	7 TH and 8 TH will be run at the same time but scored separately. (Girls will be run first)			

Long Jump and Triple Jump will be held at the same time on separate runways.

Long Jump will be held on the South side of the infield.

Triple Jump will be held on the West end, outside the track.

50 MINUTES WILL BE GIVEN TO COMPLETE THREE JUMPS OR THROWS IN EACH EVENT.